

CAPITAL CITY DUATHLON - SUNDAY 23rd JUNE 2019

LONG DUATHLON					MEDIUM DUATHLON				
Women	19	Hutchinson	Rebecca	1:59:54	Women	64	Olphert	Bridget	1:04:34
	78	Hankinson	Nicola A	2:07:17		88	Alison	Michele	1:06:31
	8	Bradford	Helen	2:09:47		79	Alderton	Catherine	1:08:41
	71	Guy	Anna	2:11:03		92	Halford	Sheryl	1:11:14
	56	Fildes	Jenny	2:14:58		73	Bleach	Helen	1:13:34
	6	Lavington	Tanya	2:16:40		95	Wookey	Rachael	1:16:01
	1	Holditch	Saskia	2:19:06		93	Last	Carolyn	1:16:26
Men	89	Armstrong	Kane	1:41:20		96	Little	Erika	1:17:22
	9	Cousins	Mike	1:51:02		24	Bracegirdle	Julia Nancy	1:18:32
	41	Brannigan	Shaun	1:53:01		25	McLean	Sarah	1:25:02
	75	McNaught	Gene	1:53:37		53	Cuthbertson	Sue	1:31:35
	72	MacDonald	Shaun	1:56:47		46	Sinclair	Heather	1:34:15
	7	Brazier	Gareth	2:00:38		43	Wheddon	Gabrielle	1:44:53
	18	Toomath	John	2:01:14	Men	69	Carson	Liam	0:49:46
	20	Malone	Kyle	2:02:14		21	Cleland	Malcolm	0:53:04
	12	Hoskin	Brett	2:04:27		44	Smith	Frank	0:54:17
	67	Kluyskens	Tom	2:07:10		80	Harrison	Liam	0:55:21
	17	Grindell	David	2:08:37		39	Riddle	Stanley	0:57:03
	22	Rothman	Albie	2:09:25		45	Riddle	Ian	0:57:45
	68	Galeon	Jason	2:14:02		77	Parkman	Daniel	0:59:37
	52	Scott	David	2:19:02		10	Collow	Alistair	1:02:55
	70	Carruthers	Simon	2:21:56		49	Henderson	Euan	1:03:46
	38	Ratima	Anthony	2:24:27		33	Turia	Brett	1:04:13
	51	Brannigan	Michael	2:32:58		26	Coffey	Mark	1:04:27
						23	Becker	Steven	1:05:27
						14	Jelley	Brendan	1:06:22
Team	74	Farles		2:02:25		57	Campbell	Baden	1:07:22
		Richard Farley, Caroline Farley				36	Johnson	James	1:08:10

CAPITAL CITY DUATHLON - SUNDAY 23rd JUNE 2019

MEDIUM DUATHLON					MIX & MATCH				
Men	34	Rodway	Paul	1:10:11	5km/30km/5km	16	Manley	Rick	1:56:29
	99	Rose	Daniel	1:14:05	5km/30km/5km	11	Brown	Annalie	1:58:21
	58	Henshilwood	Scott	1:15:24	5km/30km/5km	35	Bondy	Ann	2:18:59
	50	Herder	Michael	1:20:08	5km/30km/7.5km	55	Cotterill	Lucy	2:14:40
	5	G	B	1:23:48	5km/15km/10km	76	Berg	Matthew	1:15:24
Team	81	PRT		1:21:42	5km/15km/10km	94	Marmosets		1:52:46
		Maryanne Palmer, John Palmer					Jared Odom, Amy Jackman		

SHORT DUATHLON				
Women	98	Douglass	Emma	00.27:40
	90	Perry	Zoe	00.31:25
	37	Hannan	Adrienne	00.34:48
	97	Humble	Ruth	00.34:57
	87	Forbes	Huia	00.41:06
	86	Maulgue	Tali	00.41:16
	27	Coffey	Michelle	00.50:11
Men	91	Bailey	Ross	00.27:56